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In the event of sinus perforation during extractions, the following precautions should be followed. Absolutely **NO** smoking, blowing your nose, drinking with straws, sneezing, or **ANY** activity that generates pressure between the nose and mouth (vise versa), is prohibited for approximately **TWO (2) WEEKS.**

Should ANY of these precautions not be followed, there is a real risk of permanent oral sinus or oral nasal opening. This can cause water and food debris to enter the nasal/sinus cavity resulting in chronic sinus infections. Further surgery would be required to correct the problem, the nature of which would include raising flaps to close the hole and opening of the sinus to remove all pathological tissue. This surgery would need to take place in the hospital.

PLEASE follow the above precautions *carefully* to help prevent any serious complications from occurring.

Very truly yours,

John R. Kashmanian, D.M.D.